



bloom
wellbeing

Fact Sheet

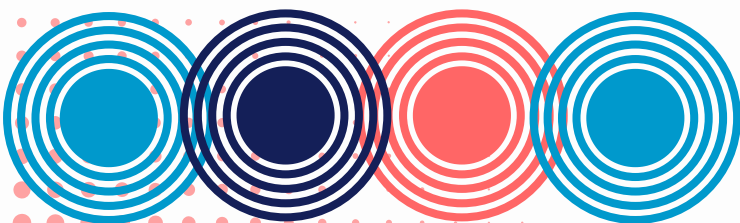
Services included in Paediatric Occupational Therapy

Occupational Therapists are health professionals who enable people to improve their physical, emotional and psychosocial health and wellbeing, and address the limitations of injury, illness or health conditions. Occupational Therapists believe in the importance of participation in meaningful activities (or occupations) and a holistic approach to wellness. They help people to achieve and live their most fulfilling life possible.

The paediatric services Bloom Wellbeing specialises in includes:

- Fine motor skills
- Gross motor skills
- Integration of reflexes
- Social skills
- Emotional regulation
- Sensory integration
- Self care skills (toileting, fussy eating, dressing)
- Puberty education and support
- A range of group therapy programs (see 'Group Programs' page in 'Our Services' tab.
- Child-parent attachment and separation anxiety

We bring fun to our therapy session by using a developmental play-based approach – at the core of occupational therapy is the concept of play. For children, play is their primary occupation, and how they learn, and it is through play that we can best support them to move forward with their development.



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